

Helen JUSTICE

SPEAKER, GERIATRIC CARE MANAGER

Completing the Circle of Care



ABOUT HELEN JUSTICE

A War Time Veteran and leader in the elder care industry, Helen Justice is highly regarded for being one of only three Veterans Affairs Accredited Agents certified as a Geriatric Care Manager (GCM) in the United States. Her knowledge and experience insures elders obtain quality care and transitional preparation for their future, helping them to navigate the medical system, create an elder care plan, obtain financial assistance, and much more.

Helen's approach from the stage is refreshing for such a daunting subject. She touches on the emotional component that care places on the family, which leaves many attendees feeling as if she is speaking directly to them. Her passion for the well-being and care of our elders is immeasurable as she candidly and openly shares valuable information to help them and their families discover valuable resources for assistance. Helen's expertise in the Health Care/Gerontology industry regarding Placements, Public Benefits, and VA aide and attendance for Seniors in the greater Sacramento area has made her a sought after speaker.

PRAISE FOR HELEN

“Helen's caring attitude and the respect she has for the elderly really makes her stand out.”

Georgene Waterman, PhD

“Helen really puts herself on the line for the benefit of others. Her selfless courageous acts coupled with her naturally joyful demeanor creates a safe, harmonious space for whomever she is engaged with. A real, gentle powerhouse of energy knowledge and commitment.”

Gregory Joseph

SPEAKING TOPICS

NAVIGATING ELDER CARE

After watching her own loved ones get the run around on elder care benefits, Helen Justice is passionate in helping people receive benefits that most don't know exist! In this seminar, attendees will learn how to:

- defray the cost of long term elder care
- pre-plan so that crisis does not occur later
- take advantage of various public benefits such as Social Security, Medicare, Medi-cal, Tri-Care, VA Aid and Attendance

This seminar serves the Elderly, War-Time Veterans or Widows of War-Time Veterans and their children or caretakers.

THE 411 IN CRITICAL HEALTH CARE DOCUMENTS: WHAT YOU NEED TO KNOW

In her eye-opening presentation, Helen Justice delivers vital information about the three Critical Health Care documents needed for elder care. Specifically for California residents, audiences gain a clear understanding of:

- what your Trust or Power of Attorney doesn't do for you
- how to plan for advanced health care and organ donation (California Advanced Health Care Directive)
- who has access to your Medical Records (HIPPA form)
- why it is necessary to have a POLST form (physicians orders for life sustaining treatment)

HOW TO GIVE THE BEST LEVEL OF CARE TO YOUR AGING PARENT

Providing care to aging parents and the elderly can be tough and nerve wrecking to navigate. Certified by the Aging Life Care Association, Geriatric Care Manager (GCM) Helen Justice provides step-by-step guidance making it easier for participants to provide the best care available to their loved ones. In this informative talk, Helen showcases how her team becomes a true patient advocate by:

- establishing continuity of care and open lines of communication with physicians, social workers, and the family.
- developing an individual care plan based on the patient's needs.
- giving peace of mind knowing they are in experienced and good hands throughout the process.



ABOUT ADVANCED WELLNESS GERIATRIC CARE MANAGEMENT

As CEO and Founder of Advanced Wellness Geriatric Care Management, Inc, Helen Justice helps families and patients negate the stresses that come with elder care giving them a clear understanding of health care choices and benefits. Located in Sacramento, California, Helen and her team secure all types of benefits available from the state, federal and local programs to aid seniors, veterans, widows and their families as well as assist and process MediCal applications. They also assist with the preparation, prosecution and presentation of a claim to the Veterans Affairs. With Advanced Wellness GCM, elders are reassured they have an expert "navigating" the multitude of government programs to obtain their benefits, while at the same time preserving their ability to age with dignity.

PREVIOUS CLIENTS

Sacramento Municipal Utility District

Asian Community Senior Services

Chateau Assisted Living

INCLUDING VARIOUS CHAPTERS FOR:

National Active & Retired Federal Employees Association

VFWs & Military Groups

Senior Community Centers

Assisted Living Facilities

Independent Living Facilities

Lions Kiwanis, & Rotary Clubs

BOOK HELEN JUSTICE TO SPEAK.

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